

Park Place School

Wellness Policy

2017-2020 Triennial Assessment

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, *Park Place School* presents the 2017-2020 Triennial Assessment which includes the timeframe from 2020-2021. The Triennial Assessment indicates updates on the progress and implementation of Park Place School's Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: Park Place School.

The Park Place School Wellness Policy can be found at www.parkplaceschool.org. Park Place School updates or modifies the Wellness Policy as appropriate. The policy is made available to the public through our website under the Nutrition and Wellness tab.

Park Place School established a Wellness Policy leadership of one or more school officials who has the authority and responsibility to ensure each school complies with the Wellness Policy. The Wellness Policy committee meets at least twice a year for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. Our families are welcomed to participate in the process. Starting in 2021-22, more communication regarding nutrition, wellness and physical activity will be made available to students and their families

Park Place School must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

Park Place School is committed to meeting the needs of our students. Despite not having our own space, we bus our students twice a week for P.E classes with our P.E teacher off campus. Each student is encouraged to participate in structured activities. Going forward, our P.E teacher will also include more time dedicated to nutrition and wellness. During the school closure in 2020 due to the pandemic, our P.E teacher posted his workout videos for the students to follow along.

Standard/Guideline	Met	Not Met
We follow federal school meal nutrition standards for all foods and	N/A	

Standard/Guideline	Met	Not Met
beverages available for sale on campus during the school day.	PPS does not sell food or beverages.	
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.	N/A PPS does not sell any items.	
We follow Park Place School's policy on exempt fundraisers as outlined in our Division's Wellness Policy.	N/A PPS does not participate in fundraisers.	
Standard/Guideline	Met	Not Met
We follow Park Place School's policy on standards for all foods and beverages provided, but not sold, as outlined in our Division's Wellness Policy.	√	
Standard/Guideline	Met	Not Met
All food and beverage marketing meets Smart Snacks standards.	N/A	
Standard/Guideline	Met	Not Met
Park Place School permits participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	√	
Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	√	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2021.	√	
Standard/Guideline	Met	Not Met

Standard/Guideline	Met	Not Met
Park Place School established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	√	

Standard/Guideline	Met	Not Met
The School Nutrition Plan Administrator, School Principal, and P.E/health teacher will evaluate the wellness policy.	√	

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule.

Our policy is comparable to the Alliance for a Healthier Generation's model policy in that we strive to help our students make life-long good choices when it comes to their health. We welcome any input from the community, and we look forward to helping our students take ownership of their health.

We aim to have recess time outside on non P.E days for the students to be able to get up and move.

We notify our families of sports club/ activities for after school hours.

Hand washing information is posted in the bathrooms and teachers discuss personal hygiene often.

Personal responsibility and choices are discussed frequently with our students.

Description	Met	Not Met
Park Place School is intentional in educating our students to make good food choices. Our goal is to challenge them to think about what they eat, and to encourage them to eat more nutritious and less processed foods. We discourage students from bringing in food items such as candy and chips. We also place great emphasis on arriving to school on time to not miss out on breakfast.	√	

Description	Met	Not Met
Our goal is for our students to be less sedentary and to enjoy physical activity. Our P.E teacher changes activities and introduces warm-ups and exercises as well as structured games as activities.	√	

Description	Met	Not Met
Our students attend "Spiritual Formation" classes each week. We invite people to our school with different careers to speak to our students about an array of interests. Personal responsibility and choices are discussed frequently with our students.	√	